



3777 SIENNA PARKWAY
MISSOURI CITY, TX 77459
(832) 500-3563



Missouri City Family Counseling presents

TEEN 360: SISTERHOOD

This 4-week support and process group will provide a safe and relaxed setting for teen girls to discuss important topics that uniquely impact them. Our small group format and licensed therapist facilitator will give girls the opportunity to share ideas, learn from others, and build important life skills.

Topics of Focus

- Building Self-Esteem
- Managing Emotions
- Social Media
- Healthy Body Image
- Healthy Relationships
- Identifying Strengths

Meeting Information

WHEN: Saturdays 10am - 12pm (9/7, 9/14, 9/21, 9/28)

WHERE: 3777 Sienna Parkway, Missouri City, TX 77459

WHO: Teen girls ages 13 to 17

WITH: Ginger Brasher, LPC (Licensed Professional Counselor)

Registration Details

COST: \$140 per 2-hour session (discount if 4-week registration is paid in full)

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